

## Visiting the Spa

Elevation Massage & Spa is located in the beautiful mountain town of Radium Hot Springs inside the Prestige Inn. We look forward to welcoming you to our calm and inviting space.

### Check In

We kindly request clients check in at our reception just past the front desk on the left hand side of the lobby, a minimum of 10 minutes prior to the start of their first scheduled treatment to allow for registration and relaxation.

Our treatments begin promptly as scheduled. In the case of a late arrival your treatment time may be shortened at the full service price.

To ensure a comprehensive, thorough and beneficial treatment, it is essential that our team is aware of your current physical condition. All guests are asked to complete a medical history form on arrival.

### Hot Tub and Pool

Clients wishing to enjoy the hotel hot tub and pool prior to their treatment must check in at least 45 minutes prior to their appointment start time.

### Quiet Environment

We ask that clients turn off their cell phones and refrain from loud conversation to ensure a relaxing environment for all guests.

### Cancellation or Changes

To cancel or adjust treatments we require a minimum of 24 hours notice to avoid being charged in full.

### Gratuities and Taxes

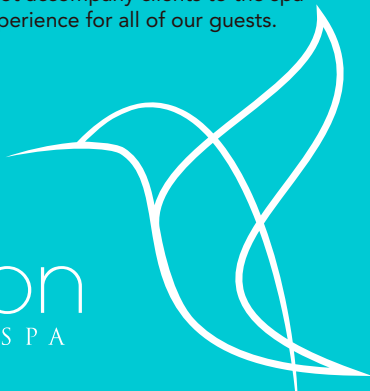
Gratuities and taxes are in addition to spa treatment prices. If you desire to recognize an exceptional service, a gratuity may be added to your spa service charge upon checkout.

### Health Benefits

For clients planning to claim their treatment under extended health benefits please check with us prior to booking as insurance company requirements vary. Please note that we cannot guarantee coverage.

### Children

We ask that children do not accompany clients to the spa to optimize the spa experience for all of our guests.



Elevation  
MASSAGE & SPA



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7493 MAIN STREET WEST  
[PRESTIGE INN]  
RADIUM HOT SPRINGS, BC

778-527-5090

INFO@ELEVATIONMASSAGE.CA

ELEVATIONMASSAGE.CA

Enjoy a pure spa experience.  
Your health is our top priority.  
We believe in utilizing high quality,  
cruelty-free vegan products made  
without harmful chemicals.

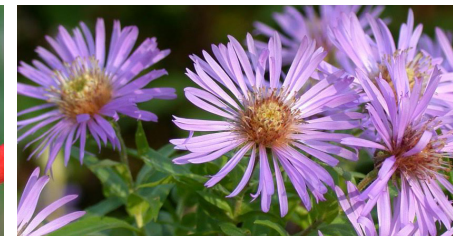
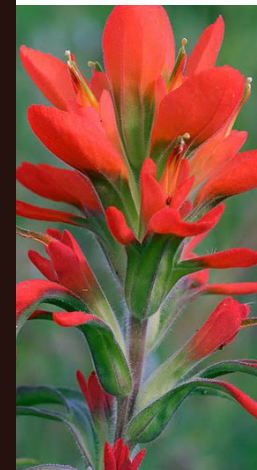
Our partners include Om Organics  
skin and body care, Healing Hollow  
essential oils, and Bioseaweed Gel  
nail polish.



*Eyelash Extensions and  
professional body hair removal  
(Sugaring) available.*

*Ask us about local resident  
prices, referral and  
rewards program.*

Elevation  
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Spa Menu

7493 MAIN ST W [PRESTIGE INN] | RADIUM, BC  
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## Manicures and Pedicures

### Natural - Refresh Your Nails

Nail and cuticle care, lotion and cuticle oil application (pedicure includes callus reduction).

Manicure \$29 || Pedicure \$49

### Classic - Add Some Shine

Nail and cuticle care, cuticle oil, lotion and polish application (pedicure includes callus reduction).

Manicure \$49 || Pedicure \$69 || Gel polish +\$15

### Elevation - The Full Spa Experience

Nail and cuticle care, cuticle oil and polish application plus sugar scrub, massage and revitalizing foot treatment. (pedicure includes callus reduction)

Manicure \$69 || Pedicure \$89 || Gel polish +\$15

## ENHANCEMENTS

Customize your service by adding one of the following:

Sugar scrub \$10

Massage \$10

Revitalizing foot treatment \$15

### Gel Nails

Trust our experienced nail technician to create a beautiful set of nails in the style you love.

Full set \$79 || Fill \$59 || Nail art extra charge

## Facials

Reward your skin with one of our facial experiences featuring Om Organics certified clean skin care. Relax your mind while nurturing and rejuvenating your skin with blends of effective natural ingredients, free from harmful chemicals.

Soothe Sensitive + Reactive

Quench Dry + Mature

Refine Oily + Breakout

30 min - \$79 || 60 min - \$119

+ revitalizing foot treatment \$15

## Body Treatments

### Foot Retreat

Enjoy our top of the line massaging pedicure chairs while your feet are soaked, exfoliated and massaged. Finally your feet are hydrated and soothed with our revitalizing foot treatment.

30 min - \$69

### Nourish Body Wrap

Enjoy a scalp and facial massage while you are enveloped in Om Organics seasonal whipped body butter to soothe and enrich your skin.

60 min - \$129

Add a refreshing mini facial to complete the experience. \$29

### Glow Body Polish

Refresh your skin and stimulate your circulatory system with our hydrating full body exfoliation using Om Organics creamy sugar scrub and soothing whipped body butter.

60 min - \$119

## Massage

### Swedish Massage

A full body massage of the superficial layers of muscle to improve mental and physical health. 30 min - \$59 || 60 min - \$99 || 90 min - \$149

### Deep Tissue/Trigger Point Massage

A focused and specific approach using deep pressure to relieve chronic tension, pain and dysfunction in the body.

30 min - \$69 || 60 min - \$109 || 90 min - \$159

### Lomilomi Massage

This traditional Hawaiian healing modality incorporates gentle stretching movements to re-align the body, mind and spirit.

30 min - \$59 || 60 min - \$99 || 90 min - \$149

### Hot Stone Massage

The soothing warmth of heated stones melt tension and stress from your body and mind.

60 min - \$129 || 90 min - \$169

### Reflexology

Reflex points on your feet are compressed and massaged with focus and intention to stimulate your body's own healing process.

30 min - \$69 || 60 min - \$109

## ENHANCEMENTS

Customize your service by adding one of the following:

Aromatherapy \$15

Revitalizing foot treatment \$15

Facial masque, moisturizer and eye cream \$19 (60 or 90 minute massages only)

## Packages

### Balance

Massage\*, facial + choice of classic pedicure or foot retreat

2 to 2½ hours - \$209

### Harmony

Massage\* + foot retreat for two

1¼ hours - \$299 (\$149.50 ea)

### Bliss

Massage\*, body polish + body wrap with mini facial

3 hours \$349

Create your own spa package Choose 3 or more services and take 10% off the total\*\*

\*Packages include Swedish or Lomilomi massage. For deep tissue +\$10

\*\*restrictions apply

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MESSAGE & SPA

elevationmassage.ca